## The Saplings Family Centre Activity Calendar 11<sup>th</sup>-15<sup>th</sup> November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Midwife Antenatal Clinic	Midwife antenatal Clinic	Midwife antenatal Clinic	Midwife antenatal Clinic	Midwife Postnatal Clinic
By appointment only	By appointment only	By appointment only	By appointment only	By appointment only
9:00am-12:00pm	9:00am-4:00pm	9:00am-4:00pm	9:00am-4:00pm	9:00am-4:00pm
Jump and Jive Healthy Movers	Stay and Play	DWP Drop in Weekly	Queensway Toddlers	Family ESOL
Musical Movement Session for	9:30am-11:00am	9:30am-12:00pm	10:00am-11:30am	10:00am-12:00pm
under 5's			Stay and Play at Queensway	27 <sup>th</sup> September-6 <sup>th</sup> December
9:30am-10:30am	10 Week Nurture Programme	Housing Drop in Monthly	Methodist Church Supprted	
	Waterhall Primary School	1 <sup>st</sup> Wednesday of each month	by Saplings staff	Air Fryer Heaven with CLMK
Living with Numbers	9:30am-11:30am	9:30am-12:00pm		with Creche
11:30am-1:00pm	Contact Saplings to enquire		Textile Heaven for ESOL	8 <sup>th</sup> November – 13 <sup>th</sup> December
16 <sup>th</sup> September-1 <sup>st</sup> December	about the next course starting	Bishop Parker Stay and Play	9:30am-11:30am	12.30-2.30
	January	10:00am-11:30am	26 <sup>th</sup> September-5 <sup>th</sup>	
ESOL Maths			December	Soft Play
1:45pm-3:00pm		The Dayly Grind Café		1:30pm-2:30pm
23 <sup>rd</sup> September-2 <sup>nd</sup> December	Baby Group	10:00am-12:00pm	Rethink the Drink with	
	1:00pm-2:30pm		CLMK with Creche	
Help Hub Café		Sing It with Saplings	14 <sup>th</sup> nov-5 <sup>th</sup> dec	
1:30pm-2:45pm		11:00am-11:45am	9.30-11.30	
2 Year Funding, Form Filling and		Join us for an uplifting singing		
Support from the Team with		session, all welcome		
refreshments and activities for			Saplings Community Larder	
Children		Parent Forum Pre-Loved Toy Sale	2:00pm-4:00pm	
		2:00pm-4:00pm		
Health Visitor Development				
Checks		Health Visitor Development	Youth Services Girls Group	
12:30pm-4:00pm		Checks	4:30-6:30pm	
By Appointment only		12:30pm-4:00pm		
		By Appointment only		

The Saplings Sensory Room is also available to use throughout the week, please contact the team on 01908 378123 to book.

Saplings Family Centre serves the areas of: Bow Brickhill, Central Bletchley, Eaton Leys, Fenny Stratford, Lakes Estate, Little Brickhill, Newton Leys, Water Eaton Saplings Family Centre, Queensway, Bletchley, MK2 2HB, 01908 378123



