

Hummingbird Family Centre
MK10 9LS
01908 609609



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Baby Group at Glebe Farm School (Term Time Only) 10:00-11:30</p> <p>Come and join our relaxed, nurturing, sensory session for expectant parents and babies (non-walkers). Time together to meet new parents & share experiences.</p> <p>This is for families who live near or on the Glebe Farm estate.</p> <div style="border: 1px dashed black; padding: 5px; margin-top: 10px;"> <p><i>Development Checks</i></p> <p>Monday, Tuesday Thursday 1:00- 4:00</p> <p><i>Bookings are made through the 0-19s health service.</i></p> </div>	<p>Stay and Play 10:00-11:30</p> <p>Fun creative activities for both you and your child to help support their learning and development. This session can sometimes get a little messy so please make sure you dress for mess.</p>	<p>Wellness Wednesday 10:00- 11:30</p> <p>Come and join us for a hot drink and adult's colouring. This session is a great session to come to if you need some company and conversation. You can come to this group with or without your children.</p> <p>Story and Song Time at Glebe Farm School (Term Time Only) 10:00-11:30</p> <p>Come & share our love of books, 1 hour of stories & crafts and at the end of the session there is opportunity to talk and get support from our team.</p> <p>This is for families who live near or on the Glebe Farm estate.</p>	<p>Baby Group 10:00-11:30</p> <p>Come and join our relaxed, nurturing, sensory session for expectant parents and babies (non-walkers). Time together to meet new parents & share experiences.</p> <p>Song time at St Mary's Wavendon C of E Primary (Term Time Only) 10:00-11:00</p> <p>Come and join us for songs, play and an opportunity to talk and get support from our team.</p> <p>This is for families who live near or on the Eagle Farm South estate.</p>	<p>Feelgood Friday 10:00-11:30</p> <p>Come and join us for a hot drink and adult's colouring. This session is a great session to come to if you need some company and conversation. You can come to this group with or without your children.</p>
<p>Story and Song Time at Kingston Library 1:00-2:30</p> <p>Come and join us for songs, stories, an opportunity to talk and get support from our team. You will also have time to borrow library books.</p> <p>(you need to be registered with MKCC Libraries to borrow books) For families in our reach area.</p>	<p>Healthy Movers 1:00 – 2:00</p> <p>Perfect for children aged 2 and over, come join us for this energetic dance and movement session.</p>	<p>Parenting and Wellbeing Courses</p> <p>This year we are working with community learning MK to provide you with exciting courses.</p> <p>Please contact the centre for more information</p> <p>Help Hub 1:00- 2:30</p> <p>Do you need support with form filling for work, school, or home? Do you need advice about returning to work? Come and see if we can support you.</p>	<p>Get Crafty 1:00 – 2:00</p> <p>Perfect session for your child to explore their senses whilst getting a little messy. This session is for our children that are 18 months and over.</p>	<p>Quiet Stay and Play 1:00-2:00</p> <p>For families who may find our stay and play overwhelming. Such as parents suffering with Anxiety, low mood, and children with SEN or in the process of being diagnosed.</p>

Reach area:

Broughton, Brooklands, Broughton Gate,
Atterbury, Middleton, Monkston, Woburn Sands, Glebe Farm, Eagles Rest, Tower Gate, Wavendon, Eagle Farm, MK Village, Monkston Park, Kingston, Kents Hill