## Saplings Family Centre, Activity Calendar, September-October 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
	Jump and Jive Healthy		DWP Drop in Weekly		
	Movers		9:30am-12:00pm		
	9:30am-10:30am		Housing Drop in Monthly		
Morning		Stay and Play	9:30am-12:00pm	Textile Heaven for ESOL	Family ESOL
	Cooking on a Budget at	9:30am-11:00am		9:30am-11:30am	10:00am-12:00pm
	Saplings		The Dayly Grind Café	26 <sup>th</sup> September-5 <sup>th</sup>	27 <sup>th</sup> September-6 <sup>th</sup>
	11:00am-12:30pm		10:00am-12:00pm	December	December
			With:		
	Living with Numbers		Gardening with CLMK		
	11:30am-1:00pm		10:00am-11:00am		
			Sing It with Saplings & CLMK		
			11:00am-11:30am		
	ESOL Maths				
	1:45pm-3:00pm	Baby Group	Family Support Appointments	Saplings Community Larder	Soft Play
Afternoon	1. 15pm 3.00pm	1:00pm-2:30pm	running support Appointments	2:00pm-4:00pm	1:30pm-2:30pm
	Fake-Away Cooking with	2.000		2.000	2.50pm 2.50pm
	CLMK				
	1:30pm-3:00pm				

The Saplings Sensory Room is also available to use throughout the week, please contact the team on 01908 378123 to book. Saplings Family Centre serves the areas of: Bow Brickhill, Central Bletchley, Eaton Leys, Fenny Stratford, Lakes Estate, Little Brickhill, Newton Leys, Water Eaton

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