

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Baby group 10am-11.15am A relaxed and nurturing baby group to stimulate all of your babies' senses and opportunity to meet other parents. Suitable for non-walking infants.</p> <p>Nurture parenting puzzle workshop- NEW 1pm-3pm 3rd June -24th June A supportive parenting workshop to offer guidance and support whilst on your parenting journey. Booking required.</p> <p>Tickford on tour – NEW 1.30pm-3.30pm Meet a member of the Tickford team at one of our outreach sessions to local schools, pre-schools, and community areas! Check our facebook page or call the centre for details.</p>	<p>Stay and play. 10am -11.30am Follow your child's lead in our stimulating, exciting and fun play environment. Lots of exciting play opportunities inside & out to maximise your child's curiosity & learning. Healthy snack provided. Suitable from 0-5 years.</p> <p>Story, songs, and rhymes at Olney Library 11:15 am-11.45am Come and join a fun and interactive story song and rhyme session with a member of the Tickford team whilst promoting your child's language and use of imagination! Suitable from 0-5 years.</p> <p>Baby Clinic at Tickford Meadow – NEW starting from the 2nd July 1pm-2.45pm An opportunity to talk to the health visiting team and get your baby weighed with a member of the Tickford team on hand for support and advice.</p>	<p>Soundstart by CLMK at Hanslope community centre. 12th June-10th July 10am-11am NEW Come along for a fun musical session! All the wonders of singing and physical actions to traditional and modern children's songs! Use various instruments, some which can be created alongside your child.</p> <p>Soca tots 1pm- 1.45pm- term time only Fun and active football sessions for children up to 4 years provided by Soca tots. Learn lots of practical, physical, and social skills whilst having lots of fun! Booking required.</p>	<p>Development checks 9am-1pm Development checks provided by MK health visiting team by pre booked appointment only.</p> <p>Soft play NEW 10am-11.30am Balancing...jumping...running and playing! Join us fun and active soft play session- suitable for walkers- 4years</p> <p>Employment Support 1:30-3:30pm Do you need some help getting back into work, increasing your confidence or CV writing- then we are here to help you. Please call 01908 217135 to book your appointment.</p> <p>Butterflies at the Mead Centre, Newport Pagnell - NEW 1:30-2:45 4th, 11th and 18th July A group for families with children that have additional needs, whether this has been diagnosed or not. Come and join this interactive play session with use of a specially designed sensory room, to seek support, share experiences and meet professionals.</p> <p>Wellness warriors –NEW 1pm-2.45pm A 3-week course (starting 28th June) provided by CLMK focusing on personal wellbeing. Booking required.</p>	<p>Walking wonderers – NEW 10am-11.30am Join us for a stroll to the local parks of Newport Pagnell. An opportunity to get some fresh air, take part in some gentle exercise and get to know others with little ones enjoying an active session at the local parks.</p> <p>Shared lunch 12:00pm-1pm Let your children enjoy a light lunch whilst you enjoy a hot cuppa. Come together, share experiences, and meet new people.</p> <p>Pick up and play – NEW 2pm-3.30-pm starting Friday 14th June Help reduce waste, free fruit, vegetables & bakery items available and an opportunity to have a hot drink and a play with your little ones in our outdoor play environment.</p> <p>Please only take what you need and remember your small food bags.</p>

