

Sunshine Family Centre Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Stay and Play 10:00am-11:30am A play session for under 5's with indoor and outdoor play. Including a healthy snack and songs and rhymes.	Feel Good Crafts 9:30am-11:30am 23 rd April – 2 nd July This is a bookable course. Contact the centre for details.	Development Reviews 9:00-1:00 By appointment only with the Health Visiting Team. Art Journalling A free course from CLMK Health and Well-being 10:00am-12:00pm 24 th April -23 rd July To book your place please visit: www.milton- keynes.gov.uk/courses	Citizen's Advice 10:00am-1:00pm Fortnightly appointments Booking available on 08082 787991 or <u>https://www.miltonkeynescab.org.</u> <u>uk/shenley-brook-end-parish- council/</u> Socatots 11:15-12 Contact the centre to book	Music Bugs 10:00am-12:00pm A sensory play-based music class. Book at @ <u>https://bookwhen.com/musicb</u> <u>ugsmiltonkeynes</u> Westcroft Storytime Library
Sensory Room available throughout the week. Contact the centre to book.	Development Reviews 1:00pm-4:00pm By appointment only with the Health Visiting Team.	Healthy Movers 1:30pm-2:30pm An interactive physical session for under 5's to develop healthy, active learners. Includes a healthy snack.	Baby Group 1:00pm-2:30pm A relaxed session including songs and rhymes. From newborn to non- walkers.	Story Sacks A free course from Family Learning CLMK 12:30PM-2:30PM 26 th April - 6 th July This is a bookable course. Contact the centre for details.

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