

# Positive Behaviour Support

A creative problem-solving tool

Contact the EPS if  
you would like  
more information

## Identified Need

As part of a commissioned planning meeting, one Primary School raised that they would like a consistent approach across all members of staff with regards to promoting positive behaviour. Through discussion, two bespoke trainings were created and delivered to two groups of staff members; Teaching Assistants and Lunchtime Supervisors.

Solution Circles can and has been used across a variety of contexts, including; in SENCo meetings, with year group staff, with support staff or senior leadership teams, to help to address a wide variety of topics which groups may wish to find solutions to. This might include a consideration of the best approach or intervention for a specific child or group of children. The Educational Psychology Service can facilitate group discussions using this approach.

## The Training

The training was delivered by a Senior Educational Psychologist and Trainee Educational Psychologist. The keys aims of the trainings were:

- To have an understanding of the key principles underlying behaviour
- To learn what tools can help to analyse behaviours in class/on the playground
- To consider strategies to help develop positive behaviours

The training was underpinned by systemic theory and principles of positive behaviour support, to emphasise that behaviour is part of a system and that all behaviour is communication. The importance of language was emphasised and strategies were shared as to how to support children with managing intense emotions, such as the three 'R's, Relate, Reason, Repair (Bruce Perry).

## Feedback Received:

Feedback from Lunchtime Supervisors found that what they found most useful was:

*Positive reframing*

*Making us think more 'why' to certain behaviours*

*How to feedback to children in difficult situations*

*Talking as a group*

Feedback from Teaching Assistants found that what they found most useful was:

*Sharing of tools*

*Opportunity for group discussions*

*The session reinforced knowledge*

*Positive approach*