






June 2022

What's available	Anything else
<p>i-THRIVE pathway for professionals and Children and Young People and their families.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>MK MHEW CYP Pathway v0.5.pptx</p> </div> <div style="text-align: center;">  <p>MK Pathway CYP Professionals v0.5.pptx</p> </div> </div> <p>Bereavement support contacts, see separate doc below.</p> <div style="text-align: center;">  <p>April 2020 Bereavement Suppo</p> </div> <p>NB: These have also been included within the local offer as well (above).</p>	<p>Directory of National and Local Mental Health & Emotional Wellbeing Services available in MK for children and young people and their families and professionals.</p> <p>Collated by CCG and PH which is included in MiDos and Local Offer - Jan 2022</p> <div style="text-align: center;">  <p>MK CYP EWBMH 07 01 22.docx</p> </div>
<p>Self-Harm Toolkit May 2020</p> <div style="text-align: center;">  <p>MK Secondary Schools Self-Harm T</p> </div>	<p>NB A Refresh of the Self Harm Toolkit is in progress, if a representative for the Mental Health Leads in School group would like to be part of this, it would be most welcome.</p>
<p>0-19 Health Visiting and School Nursing Service</p> <p>https://www.cnwl.nhs.uk/services/community-services/milton-keynes-0-19</p>	<p>Supports the health and wellbeing of families in Milton Keynes. If you have a question, please call on 01908 725100 from 9:30 am to 4:30 pm</p>
<p>Milton Keynes Local Offer</p> <p>https://www.myfamilyourneeds.co.uk/</p> <p>https://www.myfamilyourneeds.co.uk/listing/milton-keynes-local-offer/</p>	<p>Milton Keynes SEND Local Offer is a directory of information about education, health and care services, as well as leisure activities and support groups, for</p>

<p>Directory of services https://www.myfamilyourneeds.co.uk/directory/</p>	<p>children and young people with SEN and/or disabilities (SEND) from birth to 25 years, their parents and carers, practitioners and professionals</p>
<p>Sexual Health Services https://www.icash.nhs.uk/where-to-go/icash-milton-keynes</p>	<p>iCaSH and THT offer sexual health support for all ages.</p>
<p>Healthy Weight Services - More Life https://www.more-life.co.uk/what-we-do/our-services/in-your-area/</p>	<p>MoreLife deliver weight management and health improvement programmes to individuals, families, local communities and within workplaces and schools.</p>
<p>Drugs and Alcohol Support Services – Children and Young people https://www.milton-keynes.gov.uk/health-and-wellbeing-hub/support-drugs-alcohol-and-gambling/drugs-alcohol-and-young-people</p>	<p>Drugs and Alcohol support for adults https://www.milton-keynes.gov.uk/health-and-wellbeing-hub/support-drugs-alcohol-and-gambling/drugs-and-alcohol</p>
<p>Please let me know if there is anything else you need and I'll see what I can find</p>	<p>Liz.Wilson@milton-keynes.gov.uk</p>