

Adversity & Trauma



Public Health CYP

June 2022

Child in Mind - Trauma Podcast

Anna Freud

Young Minds resources

[Addressing trauma and adversity resources](#)
[addressing adversity infographic](#)
[addressing adversity web book](#)

Other useful info

Trauma-informed care

Understanding the use of trauma-informed approaches within children's social care (January 2022)

Dr Kirsten Asmussen, Thomas Masterman, Tom McBride, Donna Molloy <https://www.eif.org.uk/report/trauma-informed-care-understanding-the-use-of-trauma-informed-approaches-within-childrens-social-care>

EIF Early Intervention Foundation (EIF) EIF 19 Aug 2021 update

<https://www.eif.org.uk/report/aces-building-consensus-on-what-should-happen-next>

Anna Freud & CORC

Anna Freud has a whole section of research based on adversity and trauma, these are fantastic available here

<https://www.annafreud.org/mental-health-professionals/anna-freud-learning-network/childhood-adversity-and-trauma/>

Further Research and Resources

Anna Freud's Spotlight on child adversity and trauma

This package of research includes:

- Spotlight on the Science of Early Adversity
- The socioeconomic impact of childhood adversity, Background, Researchers at University College London (UCL) conducted a population based study to examine the association between abuse and neglect during childhood and socioeconomic outcomes at age 50. The study was published in Paediatrics in December 2016 and the full paper is available [open access](#).
- Spotlight on Innovation in Practice
At the Anna Freud National Centre for Children & Family we are committed to supporting children and families to recover from childhood adversity and trauma, and to finding new ways of preventing mental health problems from arising.
- [Key messages for improving systems and decision making](#)
- [Anna Freud Key messages from the spotlight](#)

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