

# HYPN Supportive documentation

November 2021

## DPH Report 2021

**Director of Public Health's Report 2021 Impact of Covid 19.** Children and Young People Emotional Wellbeing is available on page 10 and there is a whole section page 13 onwards on Mental Health.



PUB003\_21 DPH  
Report MK DRAFTv2

## The size of the problem

### OxWell Mental Health Survey

Public Health have commissioned the OxWell Mental Health survey in MK which has been taken up some of MK Secondary Schools during the pandemic with the view to rolling this out again in Feb 2022. This information sheet (that is designed for parents/carers) gives further information: <https://www.psych.ox.ac.uk/research/schoolmentalhealth/parent-information-sheet-1>. OxWell and the Public Health team will be extracting finding to develop any further support/research going forward.

### MK Community Foundation

Vital signs report for 2021 which includes stats on local MH and Emotional wellbeing, in the form of links to report and recorded update here: <https://www.mkcommunityfoundation.co.uk/about/vital-signs-2021> [Vital Signs 2021](#) [Vital Signs Long Report 2021](#)

Please take a few minutes to complete the [Evaluation HYPN Virtual Nov 21](#), it helps to shape future sessions, thank you.



## Further Research and Resources

Protective Factors and Suggested interventions: Young Minds (2019) Adversity and Trauma infographic – What protects Young People from ACES



2019 Young Minds  
What protects YM fr

[Mental Health Research and information available on HYPN](#)

### Some general categories

- MOST IMPORTANT! Communication with young people
- Improving the school/education based support offer
- Providing support post school/economic
- Bolstering local voluntary sector services
- Youth health in all central government policies
- Improvements to data and research

Some suggested intervention!

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Bereavement Support & MHEW Pathway documents



April 2020  
Bereavement Suppo



MK CYP MHEW  
Pathway v0.4.pptx



MK CYP MHEW  
Pathway Profession:

MK

milton keynes council