

CWDC Induction Standards: Training Format for Standard 3

Standard 3: Understand health and safety and health care

1. Legislation, Policies and Procedures

- a) Show an awareness of the relevant health and safety legislation and guidance and your responsibilities: complete worksheet 'following health and safety legislation.'
- b) What procedures must foster carers follow in respect of the health and safety of children and young people: Include a copy of the health and safety checklist to store in your evidence file –make a note in your workbook to say why this must be completed and write down one change you have had to make in your home since becoming a foster carer.

2. Accommodation

- a) Know how to keep your home safe and free of avoidable hazards that might be a risk to children/young people: complete 'potential hazards' and 'avoiding hazards' worksheets.
- b) Know the importance of maintaining a good standard of hygiene and cleanliness; complete 'preventing the spread of infections worksheet.'
- c) Show that you and those living in your household know what to do in case of a fire; complete 'fire' worksheet.

3. Healthy Care and Medication

- a) Know what 'healthy care means for the physical, mental, emotional and sexual health of children and young people; complete 'what is healthy care' worksheet.
- b) Have an understanding of children and young people's health and hygiene needs including allergies and infection control procedures: complete 'health and hygiene' worksheet.
- c) Explain your role in promoting the health of children and young people, including giving advice and information: complete 'reducing risk and promoting health' worksheet.
- d) Have an understanding of first aid and how to access emergency medical treatment; complete 'how to access medical treatment' worksheet.
- e) Know what procedures to follow in relation to medication and health-care procedures including what consent is required; complete 'health and consent' worksheet.

4. Personal Safety and Security

- a) Understand potential risks to the safety and security of yourself and members of your family and what you can do to reduce or manage the risks: complete 'risk assessment' worksheet.
- b) Know about the range of challenging behaviours presented by children and young people and how to encourage positive behaviour: complete challenging behaviour spider diagram, listing different behaviours you have encountered, at the bottom, list ways to encourage positive behaviour.
- c) Understand the need to manage challenging behaviour in a way that is safe without the use of inappropriate punishment: complete managing challenging behaviour worksheet.

5. Risk Assessment

- a) Identify examples of risks to children and young people and appropriate action to reduce or manage the risks: Complete risk assessment worksheet.