

# Carer's Dementia Support Café



**Coffee and a chat for people living with dementia and their carers supported by Dementia Specialist Admiral Nurses**

**Meet others in a relaxed setting, make new friends and share experiences. While having access to professionals for advice, one to one support and to discuss practical solutions for someone looking after a person living with dementia**

Held on the first and third Wednesday of the Month; 1pm to 5pm.

Christ the Vine Community Church, Coffee Hall, MK6 5DE

**No appointment or referral needed, just drop in.**

Email: [AdmiralNurseTeam@milton-keynes.gov.uk](mailto:AdmiralNurseTeam@milton-keynes.gov.uk)

Tel: 01908 252288